

EMOTIONAL SUPPORT ANIMALS



25-26 World Building Research



I'm working on researching Emotional Support Animals and the difference between service animals in order to understand the potential discriminations they may face.



BASICS



WHAT ARE EMOTIONAL SUPPORT ANIMALS?

Dictionary

Definitions from [Oxford Languages](#) · [Learn more](#)



emotional support animal

noun

plural noun: **emotional support animals**

an animal kept because their presence has a beneficial effect on a person with a psychological condition such as anxiety or depression.

"the vast majority of emotional support animals on planes are dogs"

BENEFITS OF ESA'S

01.

MENTAL HEALTH

Promotes interaction, &
reduces stress

02.

COMFORT

Provides affection & aids
emotional regulation

03.

SAFETY

Psychological safety
& ease

04.

TRAINING

ESAs are different from
Therapy & Service
animals

05.

STRUCTURE

Healthy purpose to
your day

WHAT'S THE STRANGEST ESA?

- ★ 2016: A Turkey as ESA on Delta

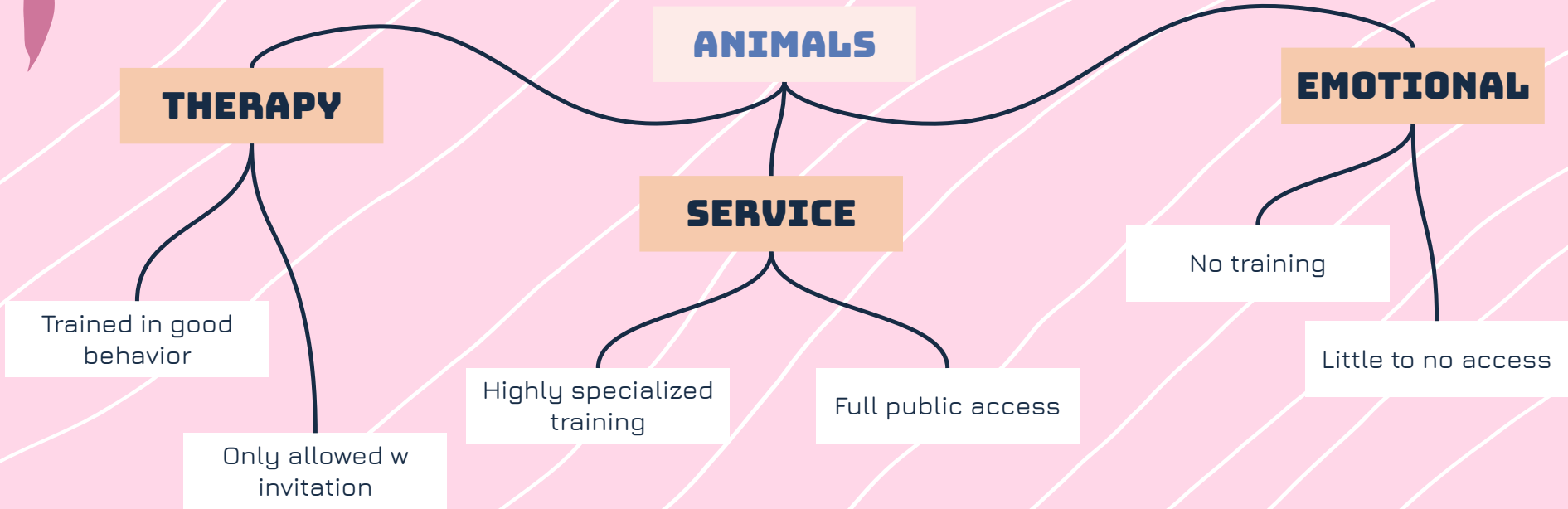





GUIDELINE S




ORGANIZE THE INFORMATION






RECENT RESTRICTIONS VIA DEPARTMENT OF TRANSPORTATION

- ★ Dogs only animal qualified
 - ★ Old policy abused
 - ★ Air Carrier Access Act → ESA under Service
- 

The agency said unusual animals on flights had "eroded the public trust in legitimate service animals".



A close-up shot of a woman with a distressed expression, looking out a window. She has a furrowed brow and a slightly open mouth, suggesting she is upset or crying. She is wearing a blue hoodie over a pink shirt. The background shows a window with a view of trees and a white building. The entire image is framed by a pink border with white diagonal lines.

**Because she gets upset
when I'm upset.**



**She just want to curl
up with the kids,**

CONNECTING TO WORLDBUILDING

- ★ World: group of kids in a school divided between different cards and titles
 - Characters have companions (like emotional support animals)
- ★ Potential restrictions regarding types of animals are our characters companions
- ★ Dynamics/characteristics

