

Interview Questions

Daphne Heatherly and Zoe Delgo

Name and profession

1. Can you describe your role and how you became involved with therapy animals?
2. What exactly defines a “therapy animal” and how is that different from regular pets?
3. What kinds of environments do therapy animals usually work in?
4. How are they selected and trained for this work?
5. Are there specific qualities that make an animal particularly suited for this work?
6. Can you share a memorable experience where a therapy animal made a significant impact on someone?
7. What challenges have you faced in this line of work, and how did you overcome them?
8. How do therapy animals affect you personally, as a handler or professional?
9. From your perspective, how do therapy animals influence a person’s emotional or mental state?
10. What kinds of patients or individuals seem to benefit the most from therapy animal interactions?
11. Can therapy animals help in ways that traditional treatments sometimes cannot? If so, how?
12. What does science or research tell us about why humans respond so strongly to animals?
13. How do therapy animals help reduce stress, anxiety, or pain in clinical settings?
14. How do therapy animal programs impact the overall environment of a hospital or facility?
15. Looking ahead, how do you see the role of therapy animals evolving in healthcare or society?